

LET'S CREATE A SMART GOAL TO KEEP YOU ON TRACK WITH YOUR EFFECTIVENESS:

S
SPECIFIC

WHAT STRATEGY DO YOU WANT TO IMPLEMENT TO INCREASE YOUR EFFECTIVENESS?

M
MEASURABLE

HOW LONG DO YOU WANT TO IMPLEMENT THE STRATEGY BEFORE REFLECTING ON PROGRESS?

A
ACHIEVABLE

CAN YOU REALISTICALLY IMPLEMENT THIS STRATEGY?

R
RELEVANT

DOES IMPLEMENTING THIS STRATEGY ALIGN WITH YOUR OVERALL GOALS THIS SEMESTER?

T
TIME BOUND

WHEN DO YOU WANT TO START IMPLEMENTING THIS STRATEGY?

Meet with your Success Coach to talk through your goals and check in about your goal progress!